

	Your Name:		Today's Date:
ı		Ιl	

How is your COPD?

Example: I am very happy

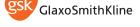
Take the COPD Assessment Test™ (CAT)

This test is for people diagnosed with COPD (chronic obstructive pulmonary disease). COPD includes chronic bronchitis and emphysema. This test can help your healthcare provider assess your COPD health status. For each item below, place a mark (X) in the box that best describes you now. Be sure to only select

0 1 **3** 4 5 I am sad

For each item below, place a mark (X) in the box that best describes you now. Be sure to only selection one response for each question.

Score (0)(1)(2)(3)(4)(5)I cough all the time I never cough I have no phlegm (mucus) My chest is full of 0)(1)(2) in my chest at all phlegm (mucus) My chest does not feel My chest feels very tight tight at all When I walk up a hill When I walk up a hill 3)(4)(or one flight of stairs or one flight of stairs I am not breathless I am very breathless I am not limited doing I am very limited doing (0)(1)(2)(3)(4)(5) any activities at home activities at home I am confident leaving I am not at all confident (0)(1)(2)(3)(4)(5)my home despite my leaving my home because lung condition of my lung condition I don't sleep soundly I sleep soundly 0)(1)(2)(3)(4)(5) because of my lung condition (0)(1)(2)(3)(4)(5)I have lots of energy I have no energy at all **Total Score** COPD Assessment Test and the CAT logo is a trademark of the GlaxoSmithKline group of companies.



This material was developed by GlaxoSmithKline.